SALADS

**WARM BLEU CHEESE CHIPS**
- 4.29
- Melted bleu cheese over rosemary potato chips

**ONION RINGS**
- 6.59
- Crispy crunchy golden rings

**SIDE CAESAR SALAD**
- 4.49
- Small version of our classic caesar salad

**STEAMED BROCCOLI**
- 2.79
- Fresh broccoli florets

**BIG OLE' STEAK FRIES**
- 3.99
- The biggest & potatoiest

**SIDE GARDEN SALAD**
- 4.29
- Small version of our garden salad

**ROSEMARY POTATO CHIPS**
- 2.49
- Housemade sea salt, pepper & rosemary

**CHICKEN TENDERS**
- 3 PIECE 8.29
- 5 PIECE 10.99
- With honey dijon & choice of steak fries, chips or broccoli

SOUPS

**TOMATO BISQUE**
- CUP 4.59
- BOWL 5.79
- Served w/ageda croutons, bacon & cream

**CREAMY FRENCH ONION**
- CROCK 5.59
- Our version of the classic

**SOUP OF THE DAY**
- CUP 4.29
- BOWL 5.59

KIDS (10 & UNDER INCLUDES KID'S DRINK)

**PIZZA**
- 5.29

**PIZZA**
- 8" $4.49
- 12" 6.29
- 10" CAULIFLOWER CRUST 11.99 (GLUTEN FREE)

**FIVE CHEESE**
- San marzano tomato sauce, goat, bleu, parmesan, feta & mozzarella cheeses

**FRESH MOZZARELLA**
- San marzano tomato sauce, fresh mozzarella cheese & fresh basil

**NEAT MARKET**
- San marzano tomato sauce, sausage, pepperoni, smoked bacon & ground beef

**FARMERS MARKET**
- San marzano tomato sauce, onions, mushrooms, green peppers, calamaata olives & artichokes

**SPECIAL**
- San marzano tomato sauce, pepperoni, sausage, onions, green peppers & mushrooms

**BBQ CHICKEN**
- Base pesto, chicken, chipotle BBQ sauce, caramelized onions, roasted garlic & roma tomatoes

**ARTICHOKE & BACON**
- Base pesto, artichokes, bacon, calamaata olives, portabella mushrooms, roasted garlic & roma tomatoes

**PORTABELLA & BACON**
- Base pesto, portabella mushrooms, caramelized onions, applewood smoked bacon, asiago cheese & roma tomatoes

**MEDITERRANEAN FETA**
- Base pesto, artichokes, feta cheese, calamaata olives, fresh spinach & roma tomatoes

**GRILLED VEGGIE**
- Zucchini, squash, onions, portabella mushrooms, roasted red peppers, calamaata olives & roma tomatoes

**CUSTOMIZE**
- 6" 6.49
- EA TOPPING 3.99
- 12" 11.79
- EA TOPPING 5.99
- 10" CAULIFLOWER CRUST 8.99 EA TOPPING 3.99 (GLUTEN FREE)

**PIZZA**
- 10" CAULIFLOWER CRUST 8.99

**ARTICHOKE, BROCCOLI, CALAMATA OLIVES, BACON, GROUND BEEF, BLACK OLIVES, CARAMELIZED ONIONS, CHICKEN, EXTRA CHEESE, GREEN PEPPERS, JALAPENOES, MUSHROOMS, ONIONS, PEPPERONI, PORTABELLA MUSHROOMS, ROASTED GARLIC, ROASTED RED PEPPERS, ROMA TOMATOES, SAUSAGE, SUN-DRIED TOMATOES

**CHOCOLATE**
- 4.99

**VANILLA**
- 4.99

**STRAWBERRY**
- 4.99

**OREO**
- 5.49

**WHEN ORDERED IN COMBINATION WITH A WRAP OR A CUP OF TOMATO BISQUE**

**CHOOSE A WRAP & A CUP OF TOMATO BISQUE OR THE SOUP OF THE DAY**

**ASIAN CHICKEN WRAP**
- 8.99

**CHICKEN CAESAR WRAP**
- 8.99

**MEDITERRANEAN WRAP**
- 8.99

**CHICKEN WRAP**
- 8.99
- Choice of dressing & cheese

**ADD BURGER PATTY**
- 4.00

**ADD CHICKEN**
- 4.00
- Grilled Cajun
- Crispy fried

**ADD SALMON**
- 7.50
- Grilled Cajun

**WALNUT GORGONZOLA**
- 9.29
- Mixed greens, walnuts, gorgonzola, grape tomatoes, red onions, sun-dried tomatoes & croutons, tossed in balsamic vinaigrette

**ASIAN CHICKEN**
- 10.19
- Cabbage, romaine lettuce, walnuts, noodle crunches, all-natural chicken, tossed in peanut honey-lime dressing

**CRUNCHY BROCCOLI**
- 9.29
- Broccoli florets, romaine lettuce, walnut noodle crunches & grape tomatoes, tossed in sweet red wine vinaigrette

**GOAT CHEESE**
- 9.29
- Romaine lettuce, goat cheese, red onions, walnuts, mandarin oranges & dried cranberries, tossed in shallot vinaigrette

**CAESAR WITH CHICKEN**
- 10.09
- Romaine lettuce, all-natural chicken & croutons, served in classic caesar dressing

**FETA MEDITERRANEAN**
- 9.29
- Mixed greens, feta cheese, grape tomatoes, calamaata olives, artichokes, red onions & croutons, tossed in balsamic vinaigrette

**CRISPY CHICKEN**
- 10.49
- Romaine lettuce, red onions, grape tomatoes, crispy chicken, cheddar cheese & croutons, served w/choice of dressing on the side

**SUNFLOWER KALE**
- 9.29
- Cabbage, kale, walnuts, sunflower seeds, dried cranberries, carrots, red onions & croutons, tossed in golden vinaigrette

**GARDEN WITH CHICKEN**
- 10.19
- Mixed greens, red onions, grape tomatoes, all-natural chicken, carrots, broccoli & croutons, served w/choice of dressing on the side

**DRESSINGS**
- Ranch, honey dijon, caesar, bleu cheese, peanut honey lime, sweet red wine vinaigrette, balsamic vinaigrette, shallot vinaigrette, golden vinaigrette

**BURGERS & SANDWICHES**

**SERVED W/MAYO, LETTUCE, TOMATO & ONION. CHOICE OF BIG OLE' STEAK FRIES, ROSEMARY POTATO CHIPS OR STEAMED BROCCOLI**

**SUBSTITUTE**
- Warm bleu cheese chips 1.79
- Onion rings 1.79
- or a side garden salad 1.79

**ADD BACON**
- 1.59
- ADD Sautéed MUSHROOMS 1.59

**ADD DOUBLE BEEF 4.00**

**BEEF**
- Fresh ground chuck, hand-pattied, grilled to order

**GREAT AMERICAN CHEESEBURGER**
- Melted american cheese

**BBQ BACON CHEESEBURGER**
- Applewood smoked bacon, grilled onions, cheddar cheese & chipotle BBQ sauce

**MUSHROOM SWISS BURGER**
- Swiss cheese & sautéed mushrooms

**BACON CHEDDAR BURGER**
- Applewood smoked bacon & cheddar cheese

**CAJUN & JACK CHEESEBURGER**
- With creamy honey dijon

**LOOP BURGER**
- 9.49
- W/cheese
- The original
- Cheddar, bleu or swiss

**POULTRY**
- All natural chicken breast marinated in herb de buttermilk

**CHICKEN & CHEESE**
- Your choice of cheddar, jack, swiss or bleu cheese

**BBQ BACON CHEESE**
- Applewood smoked bacon, grilled onions, cheddar cheese & chipotle BBQ sauce

**CAJUN & JACK CHEESE**
- With creamy honey dijon

**VEGGO & FISH**
- Goodness from the garden and from the sea

**PORTABELLA MELT**
- Marinated portabella mushroom cap w/roasted garlic mayo, grilled onions & jack cheese, on a wheat bun

**VEGGIE MELT CiABATTA**
- Basil pesto, squash, red onions, calamaata olives, roasted red peppers, portabella mushrooms & grilled zucchini, topped with goat & mozzarella cheese

**SALMON SANDWICH**
- 11.99
- Grilled w/lemon dill mayo or cajun honey dijon

**NOTICE:** Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of foodborne illness. Especially if you have certain medical conditions. The loop cannot ensure that items do not contain ingredients to which guests may have an allergic reaction.