



But contrary to the name, The Loop is so much more than pizza. Burgers and sandwiches also grace the menu, from your traditional Loop Burger to the Barbeque Chicken and Portabella Mushroom Sandwiches. All are tasty and reasonably priced. Steak fries or delicious giant onion rings can be ordered alongside your meal for an additional price. Dress up your burger with some real bleu cheese, or spice up your chicken sandwich with a little Cajun zest. Alongside, you may want to try one of their mouthwatering hand-dipped milkshakes that come in a variety of flavors. Choose from your traditional vanilla, chocolate, or strawberry, or go for a Butterfinger or Oreo shake, whatever your fancy. All are made to order and definitely calorie-worthy.



Ah, and then there are the salads. Now, it is rare that I get excited about such a menu item, much less feel that such fare would deserve an entire section of a review. However, The Loop has found a way to make their salads much more than your average dish of leafy greens. Their Caesar Salads are exceptional, and the Gorgonzola Walnut redefines the definition of what a salad should be. If you'd like, you can add chicken or salmon to many of these salads for your protein fix. But by far the two salads that have the power to make me daydream in class are the Crispy Chicken Salad with chicken tender strips, or the Cajun Chicken Salad with pieces of mildly spicy grilled chicken. Almost all salads are topped off with their delicious giant homemade croutons. Also, a variety of salad dressings are offered and can be substituted for another, with an unusually large selection of low fat dressing offered. I suggest the Low Fat Honey Dijon; it provides almost the exact taste as a regular honey mustard dressing with less guilt. Even if you aren't traditionally a salad person, I recommend giving one a try. You may just be surprised.

The Loop didn't become a Wake Forest staple without reason; its wide menu, no hassle service and contemporary feel help it to keep those who visit coming back again and again. Prices are decent, especially when you consider the no-tipping-necessary factor. Constantly packed and open late, the Loop is a great place to go no matter what you're craving. Whatever you choose, it's pretty tough to go wrong.

Jamie Boscamp, Contributing Writer

